



For Immediate Release: 03.26.10

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Health Department to host women's health round table

Giving women the opportunity to interact with doctors and professionals about topics that affect them is the goal of a women's health round table discussion set for 6:30 p.m., Tues., April 20 at the Buzz Café, 905 S. Lombard.

The discussion entitled *Women in the Round* and corresponding question and answer session is designed to help women become actively involved in their health. The program is sponsored by the Oak Park Department of Public Health with funding from the Illinois Department of Public Health Center for Minority Health Services.

"Our objective is that all of the women in attendance walk away with the self confidence to take charge of their overall health," said Wanda McDonald, RN, the program organizer and Clinical Services Coordinator for the Oak Park Department of Public Health.

Panelists for the round table are:

- Dr. Elizabeth Nye, Nye Partners West – women's/sexual health
- Dr. Camille Garrison, PCC Wellness Center – cardiovascular health & diabetes
- Colleen M. Sutkus, Sarah's Inn – domestic violence & healthy relationships
- Jackie V. Carson, Temple Fitness – personal fitness

R.S.V.P required. Call 708.358.5483 to reserve a spot by Thurs., April 15. For more information, e-mail health@oak-park.us.

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