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# 2008 Annual Report

Village of Oak Park  
Department of Public Health

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# Message from the Health Director

The Oak Park Health Department is pleased to present its 2008 Annual Report. I am happy to report that over the past year, the Health Department has maintained the same high level of service that the residents of Oak Park have come to expect of its local certified health department for more than 60 years.

While continuing to provide essential core public health programs - including food protection and communicable disease control - Health Department staff also delivered numerous programs and services addressing a variety of health concerns including linking uninsured residents to needed health services; providing STD and HIV screening and treatment; inspecting, and consulting with, day care centers and long term care facilities; and carrying out rodent control. Highlights of the past year included the multijurisdictional drill for dispensing the Strategic National Stockpile held at Oak Park River Forest High School in May; the first Teens and Alcohol Summit at the High School in May; and initiation of the 'Kicking Nicotine' smoking cessation group for teens.

The Health Department has been fortunate to continue its partnership with a number of local organizations who have provided clinical or other services to residents through contractual arrangements. These include the PCC Community Wellness Center, The Children's Clinic (of the Infant Welfare Society of Oak Park and River Forest), the CEDA-WIC Program, the Volunteer Center and The Animal Care League.

Whether performing routine tasks to ensure the health and safety of both residents and visitors, or partnering with others in the Village to address greater public health challenges, the Department continues to contribute to the rich fabric and quality of life of Oak Park.

Sincerely,



Margaret Provost-Fyfe, RN, MPH

# 2008 Annual Report - Health Department

## **Village of Oak Park**

123 Madison Street, Oak Park, Illinois 60302

708.358.5480 708.358.5116 (Secure fax)

[www.oak-park.us/health](http://www.oak-park.us/health) [health@oak-park.us](mailto:health@oak-park.us)

## **Health Department Staff**

### Administration

Margaret Provost-Fyfe, RN, MPH, Interim Health Director\*

Lisha Fambro, BA, Administrative Assistant

Paul Luning, MD, MPH, Medical Consultant\*\*

### Environmental Health Services

Michael Charley, MS, Environmental Health Supervisor \*\*\*

Kathleen Berens-Haas, LEHP, Sanitarian

Cameron Hendricks, LEHP, Sanitarian

### Animal Control

Jason Pounds, Animal Control Officer

### Community Health Services

Wanda McDonald, RN, MHA, Clinical Services Coordinator

Catherine Amato, RN, M. Ed., Family Case Manager/Public Health Nurse

Elisabeth Kochevar, RN, BSN, Public Health Nurse

Joyce Brown, Public Health Programs Assistant

Fred Blakey, HIV Outreach Worker (Part-time)

### Health Information Services

Jacob Nelson, MPH, MPP, Coordinator (Resigned, 10.08)

### Public Health Emergency Preparedness

Christopher Shields, BS, EMT-P, Emergency Preparedness and Response Manager

Micaela Smith, BS, Americorps (Resigned, 7.08 )

### Farmers Market

Meredith Conn, Farmers' Market Manager (Part-time)

Kathy Lewis, Assistant Farmers' Market Manager (Part-time)

## **Oak Park Board of Health**

Frank Vozak, III, LCSW, Chair

Deno Andrews

Barbara Belenke, RN

Rhoda Bernstein, MPH

Brian Crawford

Phillip DeChristopher, MD

Kamana Mbekeani, MD

Eleanor Trenary, Youth Member

\* Also Community Health Services Supervisor

\*\* By contract with PCC Wellness Center, Oak Park

\*\*\* Also Animal Control Supervisor and Liaison to Farmers' Market

# Mapping a Healthier Oak Park (MHOP)

## 2006–2011 Status Report

As a certified local health department in Illinois, the Health Department is required to report annually on activities to address priority health issues identified by the community. In the strategic planning process carried out in 2005, three health issues impacting the lives of Oak Park residents were identified:

- Obesity and obesity-related illness
- Risky sexual behaviors and
- Substance abuse

In addition, increasing the ‘connectivity and visibility’ of the Health Department was also identified as an additional priority in order to assure that residents are familiar with, and able to access local public health services. In 2008, the following activities were implemented to address the health priorities.

### ***Obesity and obesity related illness***

- Developed ‘Oak Park Walks’, a community walking program
- Continued ‘Know Your Numbers’, a monthly cardiovascular risk screening and counseling program at Main and Maze Libraries
- Collaborated with Rush Oak Park Hospital to present ‘Heart Smart for Women’, a 12 week program focusing on weight control, exercise and cardiovascular health
- Provided nutrition and exercise information to adolescent women in ‘Teen Aware’, an 11 week program offered in 2 non-public schools in Oak Park
- Continued co-location and collaboration with CEDA WIC Food and Nutrition Program, for pregnant women and young children, at 6026 Roosevelt Road, Oak Park

Health Information staff also actively participated in The Community Action Team for Healthier Kids and CLOCC, a local and a regional coalition addressing obesity in youth.

### ***Risky Sexual Behavior***

- Provided screening and treatment for STD/HIV, weekly, by agreement, through the PCC Wellness Center, Oak Park
- Performed HIV outreach at area shelters
- Provided education on pregnancy and STD prevention in Teen Aware Program for adolescents
- Public Health Nurses provided outreach and counseling on STD

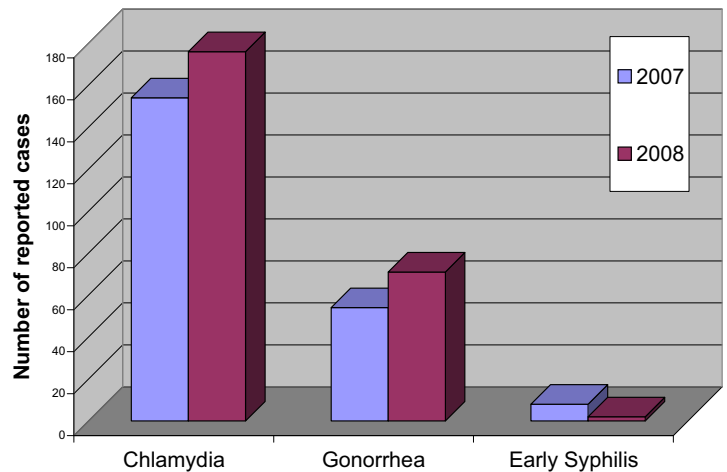


**PCC Wellness Center  
14 Lake St., Oak Park**

and pregnancy prevention, weekly, to students at Oak Park River Forest High School

- Public Health Nurses presented on STD prevention to students from Trinity, Fenwick and OPRFHS at the annual 'Teen Summit' in March

Reportable STDs Among Oak Park Residents 2007/2008



### Substance Abuse

- Collaborated with Oak Park River Forest High in the development and presentation of the Teen Alcohol Summit, 2008, in May
- Coordinated grant funding to the to the ENUF ( Education to Nullify Use by First-Timers) Program which provides education to youth referred by the courts
- Provided 'Kicking Nicotine', a tobacco cessation program, to students at Oak Park River Forest High School
- Implemented 'Freedom from Smoking' tobacco cessation programming for residents and Village employees at no charge

## Service Statistics

‡ Local Health Protection grant requirement

### Community Health Services

‡ Communicable Disease Control

Communicable disease cases confirmed	85
Sexually transmitted diseases confirmed	249
Chlamydia	176
Gonorrhea	71
Early Syphilis	2
HIV	15
AIDS	5
Screened and treated for STD	293
Screened for HIV	63
HIV Outreach: contacts made	342
Childhood immunizations: number served	59
Annual flu clinics: number immunized	770

Maternal Child Health

Families case managed by Public Health Nurse (PHN)  
296  
High Risk Infants (Adverse Pregnancy Reports) visited by PHN  
54

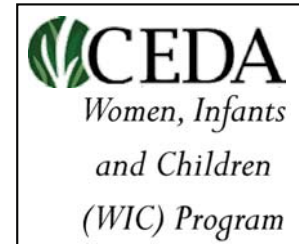


Pre school hearing and vision screening

Hearing screenings 1483  
Vision screenings 1249

Institutional Surveillance and Code Enforcement

Child care center inspections by PHN 64  
Long term care inspections by PHN 9  
Public Health Nurse visits to home-based child care  
(consultation only) 18



Childhood Blood Lead Poisoning Prevention Program

Nursing visits to lead poisoned children 5  
Lead risk assessment home visits by LEHP 4

Cardiovascular Risk Reduction screenings

Know Your Numbers screenings 60  
Heart Smart For Women: women participating 16  
Employee Wellness blood pressure screenings 52  
Other events 33

**Environmental Health**

‡ Food Protection Program

Food inspections:  
    Routine 486  
    Follow-up 539  
    Pre-sale 70  
Food complaints investigated 108  
Construction plans reviewed 20  
“Food Education” newsletters distributed 219  
Public presentations on Food Safety 3



**Cameron Hendricks, LEHP  
Sanitarian**

Environmental health

Complaints investigated (including rodent control) 345  
Day care Center environmental inspections 24  
Swimming pool inspections 16

### West Nile virus prevention

Homes surveyed for standing water  
1644  
Educational presentations/special events  
4

### **Farmers' Market**

Growers ("farmers") participating 24  
Not-for-profit bake sale participants 22  
Grower/farm visits 7  
Food demonstrations 4



**Oak Park Farmers' Market**

### **Health Information Services**

Heart Smart for Women Participants 22  
Sessions 4  
  
ENUF (Education to nullify Use by First-timers)  
Participants 30  
  
'Break The Habit' Nicotine Replacement Program  
Participants 14  
  
Freedom From Smoking sessions  
Participants 5  
  
'Kicking Nicotine' Oak Park-River Forest High School  
Sessions 1  
  
'Teen Aware' - teen pregnancy prevention program  
Sessions 2

### **Public Health Emergency Preparedness**

Trained in Incident Command System: Village employees 652  
Community partners 120  
  
Strategic National Stockpile Drill (SNS), May, 2008: 'patients' processed 7142  
Medical Reserve Corps (MRC): deployed for River Forest flood response 8  
Presentations on emergency preparedness 13  
Family Preparedness brochures/pocket guides distributed 5025

Medical Reserve Corps (MRC)

New MRC volunteers recruited	7
MRC training sessions	9
Volunteers trained in SNS	242

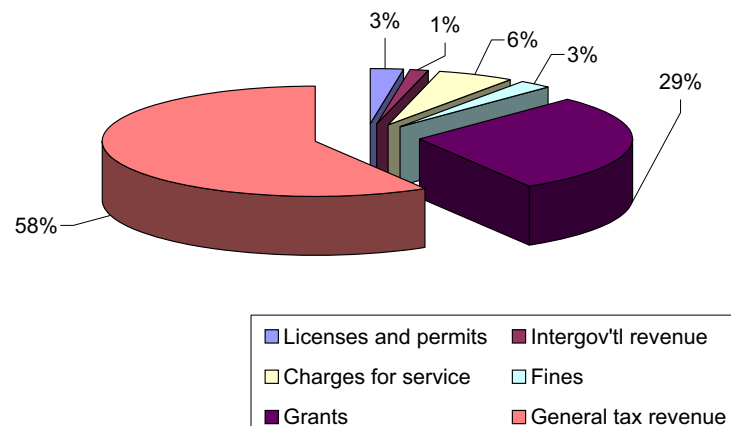
**Animal Control**

Complaints investigated	48
Citations issued	70
Dogs impounded	185
Cats impounded	157
Animals returned to owners prior to impound	213
Animals returned to owners after impound	117
Animal licenses issued	3024
Wildlife traps leased to residents	83

# **2008 Revenue/Support and Expenses**

**Revenue/ Support**

Licenses and Permits	\$32,218
Intergovernmental revenues	\$14,896
Charges for service	\$73,274
Fines	\$31,755
Grants	\$359,945
General tax revenue	\$725,371
<b>Total</b>	<b>\$1,237,459</b>



**Expenses**

Personnel	\$706,581
Benefits	\$228,465
Professional and technical services	\$140,862
Supplies and materials	\$28,270
Other purchased services	\$10,027
Grant-related non-personnel expenditures	\$123,254
<b>Total</b>	<b>\$1,237,459</b>

