



# DEPARTMENT OF PUBLIC HEALTH 2006 Annual Report



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## Oak Park Board of Health

Janet Holden, PhD, Chair	Deno Andrews	Nina Terebessy Student Representative
Brian Crawford	Phillip DeChristopher, MD	Mark Loafman, MD, MPH Medical Consultant
Frank Vozak III	Barbara Belenke	Elizabeth Brady Trustee Liaison



## Department of Public Health Staff

<b>Georgeen Polyak, PhD</b> Director of Public Health	<b>Margaret Provost-Fyfe, RN, MPH</b> Community Health Services Supervisor	<b>Michael Charley, MS, LEHP</b> Environmental Health Supervisor
<b>Ranjana Das, MPH</b> Health Information Coordinator	<b>Wanda McDonald, RN, BSN, MSA</b> Clinical Services Coordinator	<b>Christopher Shields, BS EMTP</b> Emergency Preparedness Manager
<b>Lisha Fambro, BA</b> Administrative Assistant to Public Health Department	<b>Elizabeth Kochevar, RN, BSN</b> Public Health Nurse	<b>Jason Pounds</b> Animal Control Officer
<b>Cameron Hendricks, BS, LEHP</b> Registered Sanitarian	<b>Catherine Amato, RN, BSN</b> Family Case Manager / Public Health Nurse	<b>Ramiro Leon</b> Animal Control Officer
<b>Valery Dodgson</b> Public Health Program Assistant	<b>Joyce Brown</b> Public Health Program Assistant	<b>Kathleen Berens-Haas, BS, LEHP</b> Registered Sanitarian
<b>Patricia Heil, RN</b>	<b>Renee Gloss-Block, RN</b>	<b>Fred Blakey, Outreach</b>
<b>Sara Anderson</b> Americorps Volunteer	<b>Matthew Terebessy</b> West Nile Virus Intern	

# Significant Accomplishments of 2006

*So what did all of our hard work result in last year?*

## A SMOKE FREE OAK PARK

The Board of Trustees passed the Oak Park Smoking Ordinance, prohibiting smoking in all public places and making Oak Park a healthier place to live and visit. This is the culmination of 6 years worth of work by Oak Park residents, local organizations and Village of Oak Park health department staff and Board of Health.

## A RECERTIFIED OAK PARK HEALTH DEPARTMENT

After completing a comprehensive community health assessment and identifying Oak Park's top health priorities for the next 5 years, the Oak Park Health Department was recertified as a local health department by the Illinois Department of Public Health

## A PREPARED OAK PARK

The health department and its partners worked hard on making Oak Park more prepared for emergency situations. 5,000 Family Emergency Preparedness packets were handed out, 24 Emergency Shelter sites were secured, and over 400 staff and volunteers were trained in emergency preparedness issues.

## A WELL-RESOURCED OAK PARK

More programs were added to the Oak Park health department, giving residents more opportunities to become healthier individuals. Among these programs were

**The Chronic Disease Self Management Program**, helping residents with chronic illnesses such as heart disease, diabetes and arthritis learn to deal physically and emotionally with their disease, communicate effectively with family, friends and doctors, and evaluate new treatments is available;

**Break the Habit**, helping Oak Park residents obtain free smoking cessation patches for 8 weeks along with individual counseling sessions with the Illinois Tobacco Quit Line.

**The Maze Know Your Numbers Program**, expanding our Oak Park Main Library Know Your Numbers Program to our south Oak Park Residents for cholesterol, blood pressure, diabetes, and body mass screenings.

## 10 Essential Public Health Services-

*These are examples of how the health department carried out the essential services in 2007 in Oak Park...*

1. Monitor Health Status	Completed a Comprehensive Community Health Assessment
2. Diagnose and Investigate Health Problems	Ended syphilis outbreak
3. Inform, educate and empower people about health issues	Distributed emergency preparedness information through local schools
4. Mobilize community Partnerships	Convened Youth Summit with local agencies and parents
5. Develop policies and Plans	Developed five year community health improvement plan
6. Enforce Laws and Safety	Initiated local adjudication process for environmental and animal control citations
7. Link people to needed personal health services	Contracted with PCC Wellness Center (FQHC) to provide immunizations
8. Assure a competent workforce	All health department staff completed UIC Learning Management System assessment
9. Evaluate services	Incorporated key indicators progress into budget process
10. Research for new solutions	Developed food-borne illness instruments for national use

## What do we want to do in the next few years?

*There's still a lot of work to be done!*

**By 2011, we want to reduce...**

### **1. OBESITY:**

Reduce the proportion of obese adults from 18.3% to 15% and overweight or obese children to 5%

### **2. ALCOHOL AND OTHER DRUG USE:**

Reduce the number of adults binge drinking from 14.4% to 6% and reduce the number of youth reporting alcohol use to 11%.

### **3. HIV/STDs:**

Reduce the annual number of new Chlamydia cases by 25%

*This can only be done if we work together as a village! See how we can work together by calling the health department.*

# 2006 Community Contributions to Public Health

## *Who helped us in making Oak Park Healthy?*

The Oak Park Board of Health and the Department of Public Health annually presents the Johnson's Restaurant Award to Oak Park food service establishments that excel in food service sanitation. The Fitzsimmons Award is given to local health and service providers who have made exceptional contributions to the health of the Oak Park community. Nominations were solicited through several health-driven coalitions around the Oak Park area, health department, schools, the Board of Health and local hospitals.

### 2006 FITZSIMMONS AWARDEES

<b>Darla De Wolff</b>	Of West Suburban College of Nursing, for her commitment to training our future health care workforce for emergency preparedness
<b>Audrey Falkenberg and Ione Heinitz Oak Park Public Libraries</b>	For volunteering their time with the health department's Know Your Numbers program, Older Adults Programs and flu clinics For providing space at no charge to the health department for its programs
<b>Patty Gross</b>	Of Hephzibah, for assisting Oak Park families with securing resources needed for raising healthy children
<b>Ellen Pimentel</b>	Of District 97 Wellness Council for her work in advocating healthy lunches for school kids
<b>District 97 PTO council John and Susan Rozanski</b>	For being vocal and steadfast about introducing healthier meals to D97 schools For their commitment to the Village's Medical Reserve Corps
<b>Oak Park Board of Trustees Elizabeth Lippitt</b>	For passing the Oak Park smoking ordinance And the Infant Welfare Clinic, for their commitment to caring for the health of our children
<b>Bobbi Hall and Dorothy Kodat Susan Stearns</b>	Of Holley Court for their work to bring light to pedestrian safety issues among Oak Park Senior citizens Of the Volunteer Center for organizing the Team program and giving disabled residents opportunities to build confidence, socialize and renew work skills.
<b>Brenetta Howell Barrett</b>	For her commitment to HIV and STD education for teens through Fellowship Community Services' Being a Responsible Team program
<b>Smoke Free Oak Park Clean Indoor Air Work Group State Rep. Yarbrough Karl Bader</b>	For working hard to bring a clean air ordinance to Oak Park For developing a fair and responsible Oak Park Clean Air Ordinance For Sponsoring a bill for a smoke-free Illinois Of S3 Kitchen for encouraging children to think about healthy eating through his healthy recipe contests
<b>Catherine Hart</b>	Of OPRF Day Nursery for offering valuable parental support networks and affordable full time pre-school and day care for Oak Park, River Forest and Forest Park residents
<b>Downtown Oak Park</b>	For their "Bike and Shop" program that encouraged people to ride their bikes while shopping
<b>Chicago Bicycle Federation</b>	For the Bicycle ambassador program that educated children on safe bike riding practices while encouraging them to use their bikes for transportation

### 2006 JOHNSON RESTAURANT AWARDEES for Excellence in Food Service Sanitation

<b>Sheena's Healthy Soul Food</b>	<b>Oak Park Township Senior Services</b>
<b>New Pot Restaurant</b>	<b>Building Blocks Child Care Center</b>
<b>19<sup>th</sup> Century Club</b>	<b>All Aboard</b>
<b>Woodbine Nursing Home</b>	<b>Caribou Coffee #768</b>
<b>La Bella Pasteria</b>	<b>Edible Arrangements</b>
<b>West Suburban Hospital, Atrium café</b>	<b>Marion Street Grille</b>
<b>Ben &amp; Jerry's</b>	<b>The Oaks</b>
<b>Oak Park Abbey</b>	<b>Austin Pantry</b>
<b>Luo's Peking House</b>	

## 2006 Service Statistics

### Community Health Services

<b>Reports of Infectious Disease</b>	64
<b>Reports of STD</b>	97
Syphilis	10
Gonorrhea	20
Chlamydia	67
HIV cases reported to OPDPH	11
AIDS cases to OPDPH	1
Reported cases of AIDS	
Individuals seen for HIV/STD testing	287
Immunization clinic-# immunized	104
Flu /pneumonia clinic - # immunized	1188
 <b>Family Case Management</b>	
Women/infants served	252
 <b>Childhood Health/School Health</b>	
Hearing tests	2869
Vision tests	2473
 <b>Senior Health</b>	
Geriatric home care-visits	11
Senior health & wellness screenings	403
 <b>Institutional Inspections</b>	
Child day care centers	57
Nursing homes	10
Adult day care centers	1
 <b>Know Your Numbers</b>	
# participants screened	153
 <b>Chronic Disease Self Management</b>	
# group member	21

### Environmental Health Services

<b>Food Safety</b>	
Food protection inspection	212
Re-inspection	107
Complaint investigations	100
Temporary food establishment inspections	31
Foodborne illness investigations	11
Pre-Sale inspections	32
Number of Food establishments educated	44
 <b>Complaint Investigations</b>	
Noise	9
Odors/vapors/fumes	8
Nuisance Bird	3
Other	53
 <b>Solid Waste</b>	
Garbage/refuse disposal Complaints	20
 <b>Rodent Control</b>	
Rat complaints reported	310
Confirmed activity/bait	193
 <b>General Sanitation</b>	
Public pools inspections	1
Tanning facilities inspections	1
Animal Care facility inspection	1
Court citations/hearings	4/10
 <b>Animal Control</b>	
Domestic pets impounded	265
Domestic pets claimed	79
Animals positive for rabies	0
Animals euthanized	21

### Health Information Services

<b>Chronic Disease Prevention</b>	
Smoking Cessation programs	2
Session participants	14
Break the Habit participants	7
Heart Smart for Women participants	148
Walking program participants	64
 <b>Adolescent health</b>	
ENUF Substance abuse ed. groups	11
ENUF participants	71
# youth sports camps	2
# teens reached	245
# presentations/sessions facilitated	73
 <b>Access to Care Services</b>	
# Access to Care applications	44
# patients placed with dentist	15
# health care referrals	205
 <b>Information services</b>	
# press releases	12
# grants written	6
# public health program brochures	500
# health fairs/community events	6
# ads developed	10
# community health assessments	1
 <b>Emergency Preparedness</b>	
# Preparedness guides distributed	7350
# Mass Shelters Secured	18
# MRC Volunteers	78
# Village personnel trained in NIMS	250

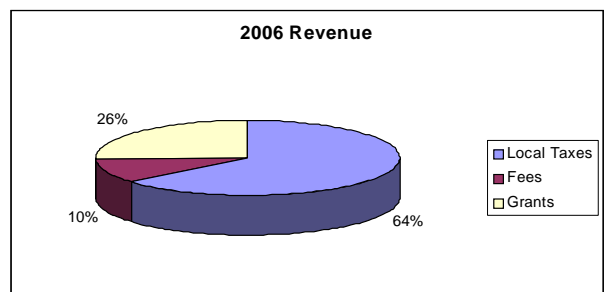
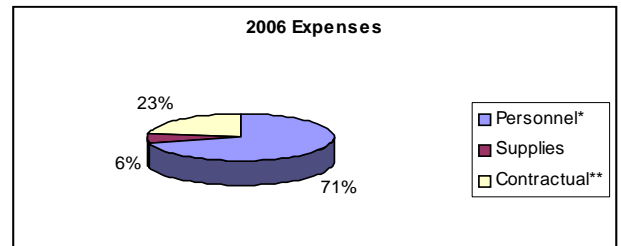
<b><u>Revenue</u></b>	
<b>Local Taxes</b>	<b>\$1,060,542.38</b>
<b>Fees</b>	<b>\$171,381.00</b>
Birth & Death certificates	\$55,256.00
Environmental inspection fees	\$34,593.85
River Forest Fees	\$25,530.12
Flu Clinics	\$23,366.74
Animal Control fees	\$32,634.50
Other	\$4411.00
<b>Grants</b>	<b>\$430,425</b>
Cities Readiness Initiative	\$3,150.00
Dental Clinic Grant	\$37,200.00
Teen Pregnancy	\$16,100.00
Bioterrorism Preparedness	\$51,007.60
Family Case Management, Medicaid	\$98825.65
Vision & Hearing	\$5,000.00
Women's Health Grants	\$14,040.07
HIV Cook County	\$13,696.16
Illinois Tobacco Free	\$19,758.50
Juvenile Accountability	\$11,405.00
Kid Care/Public Aid	\$1,250.00
Cook County Lead Abatement	\$643.00
IDPH Local Health Protection	\$63,722.00
IDPH Minority AIDS grant	\$50,000.00
Cook County Mosquito Surveillance	\$11,400.00
IDPH mosquito protection	\$5,574.07
Pandemic Influenza Grant	\$2625.67
Syphilis Prevention	\$3046.56
Foodborne Illness Project	\$21,981.00
<b>Total Revenues</b>	<b>\$606,217.00</b>

<b><u>Expenses</u></b>	
Personnel*	\$ 1,183,606.44
Supplies	\$94,623.45
Contractual**	\$384,118.94
<b>Total Expenses</b>	<b>\$1,662,348.38</b>

### Vital Records

Total Births Occurred in Oak Park*	2137
Total Deaths Occurred in Oak Park*	617
Burial Permits in Oak Park*	604

\*Includes residents and non-residents



Note: un-audited report